



Secondary School Basketball standards

Gold, Silver, Bronze



Year Group	Challenge	Beginner	Improver	Expert
Year 7 & 8	Ball Handling:	<u>Ball Handling: Single leg circles</u> Bronze: 10 or more Silver: 28 or more Gold: 35 or more	<u>Ball Handling: Fig. of 8 - through legs</u> Bronze: 6 or more Silver: 16 or more Gold: 20 or more	<u>Ball Handling: Drop and catch</u> Bronze: 10 or more Silver: 24 or more Gold: 36 or more
	Dribbling	<u>Dribbling 'Out and back' strong hand</u> Bronze: 4 or more Silver: 7 or more Gold: 11 or more	<u>Dribbling 'Out and back' change hands</u> Bronze: 4 or more Silver: 7 or more Gold: 11 or more	<u>Dribbling 'Out and back' Cross over</u> Bronze: 5 or more Silver: 7 or more Gold: 10 or more
	Passing	<u>Passing - Wall Chest Pass</u> Bronze: 16 or more Silver: 28 or more Gold: 38 or more	<u>Passing - Wall Bounce Pass</u> Bronze: 10 or more Silver: 15 or more Gold: 25 or more	<u>Passing - Wall Overhead Pass</u> Bronze: 15 or more Silver: 28 or more Gold: 40 or more
Year 9 & 10	Ball Handling:	<u>Ball Handling: Single leg circles</u> Bronze: 12 or more Silver: 30 or more Gold: 40 or more	<u>Ball Handling: Fig. of 8 - through legs</u> Bronze: 8 or more Silver: 18 or more Gold: 24 or more	<u>Ball Handling: Drop and catch</u> Bronze: 12 or more Silver: 26 or more Gold: 40 or more
	Dribbling	<u>Dribbling 'Out and back' strong hand</u> Bronze: 5 or more Silver: 8 or more Gold: 12 or more	<u>Dribbling 'Out and back' change hands</u> Bronze: 5 or more Silver: 8 or more Gold: 12 or more	<u>Dribbling 'Out and back' Cross over</u> Bronze: 6 or more Silver: 8 or more Gold: 11 or more
	Passing	<u>Passing - Wall Chest Pass</u> Bronze: 17 or more Silver: 30 or more Gold: 45 or more	<u>Passing - Wall Bounce Pass</u> Bronze: 12 or more Silver: 18 or more Gold: 28 or more	<u>Passing - Wall Overhead Pass</u> Bronze: 18 or more Silver: 30 or more Gold: 44 or more
Overall Total required from 3 added scores: Ball-Handling + Dribbling + Handling				
	Yr 7 & 8	Bronze = 30+ Silver = 63+ Gold = 84+	Bronze = 20+ Silver = 38+ Gold = 56+	Bronze = 30+ Silver = 59+ Gold = 86+
	Yr 9 & 10	Bronze = 34+ Silver = 68+ Gold = 97+	Bronze = 25+ Silver = 44+ Gold = 64+	Bronze = 36+ Silver = 64+ Gold = 95+