



Commonwealth Games Opening Ceremony Themed Dance Competition

Pre-recorded Video Competition Closes: 5pm, Friday 18th February 2022

Overview

Welcome to the Devon *Virtual Games* Events hosted by Active Devon and the Devon School Games Organisers. We aim to provide every child with a positive experience in an environment where the young person's motivation, competence and confidence are at the centre of the competition.

The competition is virtual, and your school can enter as many categories as you like. This gives students the chance to team up virtually with your classmates, represent your school and compete against other children from across Devon!

Categories	Target Audience and Age Groups	Competition Intent
Primary	Years 3 & 4 Years 5 & 6	<ul style="list-style-type: none"> Build confidence to engage in physical activity and try new sports and physical activities Develop and improve physical fitness (cardiovascular fitness, flexibility, body composition, muscular strength, muscular endurance, posture, balance and core stability)
Secondary	Years 7 & 8 Years 9 - 11	<ul style="list-style-type: none"> Develop character and life skills (build resilience, determination, cooperation, mutual respect, tolerance, courage) Develop fundamental movement skills (Locomotor, Stability, Manipulative)
Ready Get Set Go	Mainstream SEND and special schools Primary Secondary	<ul style="list-style-type: none"> Opportunity to represent your school for the first time Raise aspirations Raise self- esteem, self-confidence and self- worth (think positively about themselves and how they perceive the world around them)

Brief Description of the Event:

This event is an inter school competition that gives you the chance to have some fun creating you own Commonwealth Games opening ceremony themed dance routine.

The Birmingham 2022 Commonwealth Games will bring people together, be they athletes from countries far and wide, or communities from across the city and region. As we prepare for this iconic celebration of sport, we embrace the Commonwealth values of humanity, equality, and destiny in everything we do.

There is no limit on the number of performers in the dance so routines can be performed by solo dancers to whole class. All dances must be filmed and entered by Friday 18th February 2022.



Before You Start:

Decide what style of dance you are going to do and how to incorporate the Birmingham 2022 Commonwealth Games Opening ceremony theme.

There are lots of opportunities to get creative around this theme. Could you:

- Focus on commonwealth Games values: of humanity, equality, and destiny?
- Focus on a Country?
- Focus on a sport?
- Focus on athletes or volunteers?

Categories:

Practice your routine, film it and enter it into the correct age category.

Year 3&4- Routine must be between 1-3minutes

Year 5&6- Routine must be between 1-3minutes

Year 7&8- Routine must be between 3-4minutes

Year 9-11-Routine must be between 3-4minutes

Mainstream SEND/Special Schools – No time restriction - perhaps teachers degression?

Think about your outfit and whether you are going to include any props.

Tumbling:

- Allowed- Forward Rolls, Backwards Rolls, Cartwheels, Front Walkovers and Back Walkovers
- Tumbling that involves a spring or run (i.e. Flips, Somersaults or Handsprings) can be included must be done on a matted surface

There is no limit on dancers allowed in a routine so can be performed by solo artists to class bubbles. All dancers need to be seen at all points while the dance is being filmed.

Scoring:

Once all the entries are in, we will watch your amazing routines and score them on the following criteria.

Creativity & Choreography (formations/shapes)	20
Use of Space & Levels	20
Showmanship (energy of performers)	20
Presentation (outfits complementing the dance)	10
Incorporation of Theme (storytelling)	10
Overall Performance	20
Total	100

How to Enter:

Pre-recorded video Category Entries:

The entry process will be done via this [online form](#) videos should be shared directly with your school games organiser. Entries close at **5pm Friday 18th February 2022.**

Prizes:

Everyone who takes part will receive a participation certificate. There will be gold, silver and bronze medals for each year category in the seven School Games Organiser areas.





#DevonVirtualGames

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There is a choice of three levels and all the levels you can adapt to suit your abilities. The three levels are: READY, GET SET and GO

READY: Watch the [video here](#) and copy the dance. You can adapt this how you like to suit each child. The children in the video are all mostly doing the dance from a seated position.

GET SET: Watch the video and copy the dance. This is the same dance as for READY but there is greater movement in the dance. Again, this can be adapted as appropriate. You can do this on your own or in your class or year group bubble.

GO: Watch the video get creative by adding your own ideas to make the dance last approx. 3 mins. You can use parts of the set video dance in your choreography or completely rework this dance.

- You may use any other props that you like and can think about what you wear to perform your dance.



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Contacts:

Should you have any questions please contact your local School Games Organiser:

Torbay SGO - Annabel White - annabel.white@paigntonacademy.org

Plymouth SGO - Hayley Jarvis - h.jarvis@sjhcsc.co.uk

Plymouth SGO - J. Gilbert - j.gilbert@sjhcsc.co.uk

South Hams & West Devon SGO - Jeanette Green - jegreen@ivybridge.devon.sch.uk

East Devon SGO - Kevin Moran - kmoran@thekings.devon.sch.uk

Exeter & Mid Devon SGO - Nick Gillard - mr.gillard@st-lukes.devon.sch.uk

North Devon SGO - Zoe Robertson - ZRobertson@gts.devon.sch.uk

South Dartmoor SGO - Tammi Lethbridge - tletbridge@southdartmoor.devon.sch.uk

Social Media:

Why not share your achievements with us on social media using the **#DevonVirtualGames**:

- Facebook – @schoolgamesdevon
- Twitter – @SGDevon

You must ensure you are following the [Schools COVID-19 operational guidance](#).

For the full **#DevonVirtualGames Overview and Terms & Conditions** please [click here](#).

