



## #DevonVirtualGames

### Primary Sports Day

**Opens:** Tuesday 4<sup>th</sup> May 2021

**Closes:** 5pm, Friday 2<sup>nd</sup> July 2021

#### Overview

Welcome to the Devon *Virtual Games* Events hosted by Active Devon and the Devon School Games Organisers. This series of events throughout the Summer term will offer young people the opportunity to compete against themselves and others whilst maintaining social distancing.

All competitions are virtual, and you can enter as many of them as you like. They give you the chance to team up with your classmates, represent your school and compete against other children from across Devon!

The Virtual Primary Sports Day will run from Tuesday 4<sup>th</sup> May 2021 – 5pm Friday 2<sup>nd</sup> July 2021. Schools will be able to submit their entries via an online link below.

You must ensure you are following the [latest government guidance](#) and the [guidance for teachers, school leaders, carers, parents and students](#).

#### Brief Description of the Event:

All schools love a sports day and here are some activities that could do in school. There is a mixture of track and field activities that have been created to test everyone skills and abilities. It is important that schools and children follow the latest precautions with regards to COVID-19. These activities can be done in bubble as year groups rotate between activities.

The challenges are perfect for whole class participation and should be delivered outside in a large space.

#### Before You Start:

Read all of the activities and follow the below equipment list.

|                   |                     |
|-------------------|---------------------|
| - Pencils         | - Speed bounce mats |
| - Stop Watches    | - Parachutes        |
| - Results Sheets  | - Beanbags          |
| - Skipping ropes  | - Hurdles           |
| - Tennis balls    | - Tennis Rackets    |
| - Hoops           | - Footballs         |
| - Cones/Spot mats | - Tape Measures     |
| - Gym mats        | - Vortex Throws     |

Familiarise yourself with the activities and make sure that all the equipment is cleaned after use by each bubble.

### **Track Events:**

All running events should be done in heats with someone from a different house of colour in each race. If there are 4 houses, then 4 children can run at once.

### **Points:**

Winner position - 4 points.

Second position - 3 points.

Third position - 2 points.

Fourth position - 1 point.

### **KS1 Running Events:**

#### **Year 1**

50 Metre Dash. Children run 50 metres whilst being timed.

- Postman Race – In houses or classes children must sprint and post their letters (beanbags) into the letter box (holes in the chairs) one at a time in 2 minutes. The start line should be 10 metres from the post box. At the end, count all of the parcels posted.
- Obstacle Relay – In team's, children must navigate through the obstacles. This can include going under a parachute or a sheet, over a hurdle, jumping 10 times on a speed bounce mat, doing 10 skips and then collecting treasure (bean bags) and returning them to the team within 4 minutes.

#### **Year 2**

60 Metre Dash. Children run 60 metres whilst being timed.

- Postman Race – In houses or classes children must sprint and post their letters (beanbags) into the letter box (holes in the chairs) one at a time in 2 minutes. The start line should be 15 metres from the post box. At the end, count up all of the parcels posted.
- Obstacle Relay – In team's, children must navigate through the obstacles. This can include going under a parachute or a sheet, over a hurdle, jumping 10 times on a speed bounce mat, doing 10 skips and then collecting treasure (bean bags) and returning them to the team within 4 minutes.

### **KS2 Running Events:**

#### **Year 3**

70 Metre Dash. Children run 70 metres whilst being timed.

- Postman Race – In houses or classes children must sprint and post their letters (beanbags) into the letter box (holes in the chairs) one at a time in 2 minutes. The start line should be 10 metres from the post box. At the end, count all of the parcels posted.
- Obstacle Relay – In team's, children must navigate through the obstacles. This can include going under a parachute or a sheet, over a hurdle, jumping 10 times on a speed bounce mat, doing 10 skips and then collecting treasure (bean bags) and returning them to the team within 4 minutes.





















### **How to Send Results:**

The entry process will be done via an online link. Enter results here [Virtual Primary Sports Day Results Form](#). Entries will close at **5pm on Friday 2<sup>nd</sup> July 2021**.

### **E-certificates:**

E-certificates will be issued for completing the Virtual Primary Sports Day.

### **Social Media:**

Why not share your achievements with us on social media using the **#DevonVirtualGames**.

- [Twitter – @SGDevon](#)
- [Devon School Games Facebook Group](#)

For the full #DevonVirtualGames Overview and Terms & Conditions please [click here](#).