



#DevonVirtualGames

Active Travel - Travel to Tokyo Competition

Opens: Tuesday 4th May 2021
Closes: 5pm, Friday 2nd July 2021

Overview

Welcome to the Devon *Virtual* Games Events hosted by Active Devon and the Devon School Games Organisers. This series of events throughout the Summer term will offer young people the opportunity to compete against themselves and others whilst maintaining social distancing.

All competitions are virtual, and you can enter as many of them as you like. They give you the chance to team up with your classmates, represent your school and compete against other children from across Devon!

The Active Travel – Travel to Tokyo will run from Tuesday 4th May 2021 – 5pm Friday 2nd July 2021. Schools will be able to submit their entries via an online link below.

You must ensure you are following the [latest government guidance](#) and the [guidance for teachers, school leaders, carers, parents and students](#).

Brief description of the Event:

To celebrate the rescheduled Tokyo 2020 Olympics and Paralympic Games, we're inviting schools and families to get active with the virtual Travel to Tokyo challenge. This is a free programme for children aged 5 to 11 and their families, run by Get Set, Team GB and Paralympic GB. Active Devon and the Devon School Games think this is such a great activity that we want all of our schools in Devon to take part.

Primary teachers can register their school and then create teams (enter your class and year group) within their school to see how far they can travel.

Once the member of staff has registered and set up teams then any staff, parents and pupils can input their activity on the website which then gets transferred into miles. There are different countries to reach along the way.

Ways in Which You Can Add to Your Mileage

- Travel to and from school by walking, jogging, cycling, scooting, wheeling to add miles for your team. If you are unable to actively travel to school then use other activity you do to add to the mileage, see examples below
- Activity in the playground at lunchtimes and breaktimes
- Activity during PE lessons
- Any extra-curricular clubs
- Activity at home, in the park, or your local area
- Family members can join in with you and record their mileage
- School staff doing any physical activity will also count

All physical activity counts and is based on the amount of time you are active. Once you input your activity into the website it all gets transferred into miles for you.

To register go to [Get Set Tokyo | Travel to Tokyo: Home](https://www.getset.co.uk/Travel-to-Tokyo: Home)



Then click on **Teachers** to set up your school. You will then need to set up your teams. We would like you to use each class, stating your year group as a team.

1. Register your school.



2. Enter your details.

STEP 2: ENTER DETAILS ⓘ

Fill in your details below, using your school email address if you can.

PERSONAL DETAILS

TITLE*

FIRST NAME*

LAST NAME*

EMAIL*

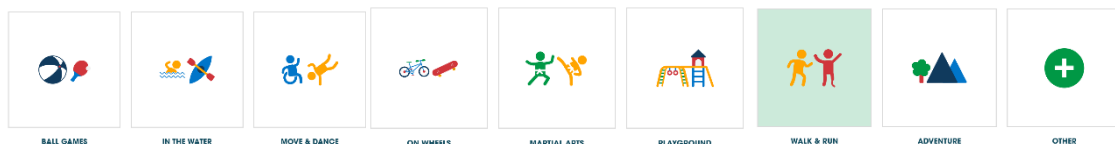
CONFIRM EMAIL*

3. Create teams.



There are short video clips to show your pupils, so they know what to do and how to log any physical activity. Parents or school staff can log any physical activity at any time. You just need to know what school you are in and what team you are in to record the information. There are then five simple questions on the website to fill in to log your activity these are as follows.

1. **What activity did you do?** - Select the most appropriate option



2. Did you enjoy it? – There are three emojis to choose from

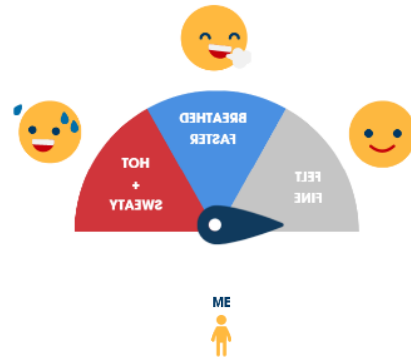


3. How long did it take? Record the number of minutes or hours.

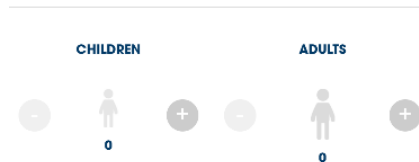
hours

mins

4. How hard did you work?



5. How many family members took part?



It will then show you how many miles your team have done and what country you are heading for, as well as how many miles to Tokyo.



There are also great free resources for schools and other useful information on the website. [Get Set Tokyo | Welcome to the Get Set Resources.](https://www.getsettokyo.com/)

Once you have completed your event, see which team travelled the most mileage. Use this competition as an interclass competition, to see which class can get the most mileage.

How to Send Results:

The entry process will be done via the Travel to Tokyo website and then we want to know the best team's mileage and distance to Tokyo so we can compare schools in Devon and issue e-certificate from the Devon School Virtual Summer Game. Enter results here [Active Travel - Travel to Tokyo Results Form](#). Entries will close at **5pm on Friday 2nd July 2021**.

Social Media:

Why not share your achievements with us on social media using the **#DevonVirtualGames**.

- [Twitter – @SGDevon](#)
- [Devon School Games Facebook Group](#)

For the full #DevonVirtualGames Overview and Terms & Conditions please [click here](#).