



Primary PE and Sport Premium Best Practice

Rebecca Skinner

rebecca.skinner@activedevon.org

07784 359862



#ActiveForLife

Primary PE and Sports Premium 2020/21 – The Basics

The Government invest £320m per year directly into primary schools with the objective of achieving self-sustaining improvement in the quality of PE and sport.

There is a long term vision that all pupils leave primary school physically literate and with the knowledge, skills and motivation necessary to equip them for a healthy lifestyle and lifelong participation in physical activity and sport.

More info [here](#)

#ActiveForLife



Primary PE and Sports Premium 2020/21 – The Basics

Key performance indicators for schools are:

- the engagement of all pupils in regular physical activity – the Chief Medical Officer guidelines recommend that all children and young people aged five to 18 engage in at least 60 minutes of physical activity a day, of which 30 minutes should be in school
- the profile of PE and sport is raised across the school as a tool for whole-school improvement
- increased confidence, knowledge and skills of all staff in teaching PE and sport
- broader experience of a range of sports and activities offered to all pupils
- increased participation in competitive sport

2019/20 Underspend

- Underspend from 2019/20 – Need to have spent it and evidenced what you spent online by 31st March 2021.
- Use the new website reporting tool [20/21 template](#) – **do not use last years form.**
- The new template has a few tweaks, but the changes are minimal. AfPE webinar [here](#) which will help.
 - Did you carry over underspend – yes / no
 - Provide detail of spend – Intent, Implementation, Impact, Total Funding

2019/20 Underspend

- How much underspend does your school have?

#ActiveForLife

**Avoid
Panic
Buying!**



What does Best Practice look like for your School?

Self-Review is key to understanding what will work best for your school

The YST have created a useful [self-review tool](#). The toolkit provides a framework for you to undertake a self-review and contains a series of prompts and examples of how to maximise the impact of your Primary PE and Sport Premium funding against your school's priorities.

- Introduction to each key indicator
- Key questions to guide and challenge your thinking
- Action Planning...
 - **What will you start doing?** What/How/Why?
 - **What will you stop doing?** What/How/Why?
 - **What will you continue to do?** What/How/Why?



Support from Active Devon

Free 1-2-1 session with schools to support them with their self-review and PSP action planning.

Lead Contact - Jason Wood

Primary Lead, Active Devon

jason.wood@activedevon.org



#ActiveForLife

Peer to Peer - PSP Best Practice

- What's your golden nugget for others?
- What's worked well and has had the biggest impact on your children?
- How have you ensured sustainability?
- In groups – 10 minutes

Top Tips for Spending the Primary PE and Sport Premium

AfPE, YST and Active Partnerships (Active Devon is an AP) have come together to identify seven ways schools could spend this year's PE and Sport Premium grant effectively considering the opportunities and challenges presented by the Covid-19 pandemic:

- Sustainability
- Whole School Improvement
- Outdoor Learning
- Active Travel
- Ensuring high quality PE provision
- Innovation
- Swimming

The full document can be found [here](#).

#ActiveForLife

Sustainability through Upskilling Staff

- How can we make this sustainable for Children and Young People?
- It's important that we plan for sustainability. The sustainability element is what your head teacher has signed up to in the grant.
- If this is the last year of funding what is the difference the funding has made in your school for past, present and future pupils?
- **TOP TIP:** Look for CPD opportunities linked to Physical Education delivery, whole school physically active learning strategies or outdoor learning initiatives. Try to invest in CPD that aims to address staff motivations and relationships with physical activity rather than simply upskilling staff in technical aspects of traditional sporting activities.

Types of professional learning that you could consider:

- Team teaching with an experienced practitioner
- Lesson observations/shadowing within school/partner schools
- Quality assured resources to support planning and delivery
- Whole school professional learning events
- Mentoring
- Peer coaching
- Training courses
- PE Level 5/6 qualification – local course running from October 2021

Peer to Peer – Upskilling Staff

- What's worked well...
- Even better if...
- In groups – 10 minutes

PE Training Courses and Qualifications

The qualification is an effective use of the physical education and school sport premium funding.

The course improves the skills of primary school teachers to ensure a sustainable legacy which will impact on children and young people.

Level 5 Certificate in Primary School Physical Education Specialism

- This is a nationally recognised qualification that aims to upskill primary school teachers and higher level teaching assistants to improve the overall delivery of the physical education curriculum within primary schools.
- Equivalent to: HND and foundation degree (14 credits)
Guided learning hours: 45 (over 6 days)
Independent learning hours: 96

Level 6 Award in Primary School Physical Education Subject Leadership

- This is a recognised qualification to improve the overall delivery of the physical education curriculum within primary schools. The aim of this qualification is to upskill primary school teachers to enable them to lead on the delivery of the primary school physical education curriculum. Level 5 must be completed prior to starting Level 6.
- Equivalent to: Bachelor's degree and graduate certificate (4 credits)
Guided learning hours: 18 (over 2 days)
Independent learning hours: 20

PE Training Courses and Qualifications

The **Level 4 Qualification in Supporting Pupils' Wellbeing Through Physical Education** is a nationally recognised qualification that enables delegates to become specialists in supporting the emotional and social wellbeing of pupils through physical education.

- This qualification is open to both **primary** and **secondary school teachers with QTS** involved in the teaching of physical education.
- The qualification has been designed to be delivered by either **face-to-face study** or **blended learning**, making use of virtual channels for knowledge acquisition supported by traditional assessment.

More info [here](#)

Content of the Qualification

The qualification consists of the following 4 units and has a total qualification time of 30 hours:

Units All units are mandatory	Guided learning (tutor time)		
	Directed study		
	Total qualification time (TQT)		
Unit 1 – Understanding how physical education can impact on pupils' emotional and social wellbeing	4	3	7
Unit 2 – Implementing an emotional and social wellbeing-based approach to physical education	2	7	9
Unit 3 – Empowering pupils to take care of their own emotional and social wellbeing	2	6	8
Unit 4 – Drawing on physical education to influence the whole school to promote pupils' emotional and social wellbeing	2	4	6
	10	20	30

Delegates can be Primary or Secondary and **MUST** have Qualified Teacher Status (QTS) to undertake the Qualification

Cost

The recommended price per delegate to undertake the qualification is £350.

Sources of advice for schools

- **Active Devon:** Explore our [website](#) to find support and guidance from other teachers in Devon, as well as a collaborative, non-judgemental place to share information and resources to help navigate PE, the primary PE premium, Ofsted, active travel, and all else.
- **Association for Physical Education (AfPE)** has a [page](#) dedicated to the Primary PE & Sport Premium. They also delivered a Primary PE and Sport Premium Webinar on 11th November 2020. You can view the recording [here](#). You can become a member [here](#).
- **Department for Education:** Guidance on the Primary PE and Sport Premium and the grant conditions can be found [here](#). A review into the use and impact of the Premium can be downloaded [here](#).
- **UK Coaching** hosts an online toolkit which provides a wide range of resources relating to coaching in primary schools and can be accessed [here](#).
- **Sport England** offer a series of short films for Headteachers and PE subject leads showcasing best practice in the use of the Premium can also be viewed [here](#).
- **Youth Sport Trust (YST)** have a ['How we can help' section](#) of their website. You can become a member [here](#).

Additional Resources

Three posters have been produced to capture the latest national advice and guidance. The posters can be downloaded below:

- [The Employment and Deployment of Coaches](#)
- [Effective Professional Learning](#)
- [Physical Literacy Framework](#)

School Games

The [#DevonVirtualGames](#) has an exciting opportunity for all the family to get involved in a skipping challenge.

- If you don't have a skipping rope at home, don't worry we want to offer you an incentive to join the challenge. Click on the link below to receive a maximum of 2 free skipping ropes per family delivered direct to your door [Skipping Challenge Rope Incentive Form](#).
- There will be a choice of a Gold, Silver or Bronze challenge that consist of different elements like Single Bounce, Double Bounce, Run, Slalom skip and Speed Skipping to complete in sequence over the set time period. If you are not sure what these are, head over to [#DevonVirtualGames Skipping Tutorials](#) with Dan the skipping man. He makes it simple and super easy to follow.
- The challenge opens on Monday 1st February when you will then receive an email with the full challenge details and how to record your results on our quick and easy survey monkey link.



Thank you!

#ActiveForLife

