



#DevonVirtualGames

Andy Murray 100 Volley Challenge

Opens: 10am, Monday 22nd June 2020

Closes: 5pm, Sunday 12th July 2020

Welcome to the Devon *Virtual* Games Events hosted by Active Devon and the School Games Organisers - it is the Devon Summer School Games with a twist!

All competitions are virtual, and you can enter as many of them as you like. The competitions are suitable to do at home, in your backyard or garden or at school. They give you the chance to virtually team up with your classmates, represent your school and compete against other children from across Devon!

The #DevonVirtualGames will run from the 18th May 2020 – 13th July 2020 with six different events for you to enter. Individuals will be able to submit their entries via an online link. The last additional event will be a set of family-based challenges which will run throughout the summer holidays. Every Monday at 10am throughout June we will post a new competition for you to get involved in. Each competition will be open for a limited amount of time. Please see below.

There will be medals, certificates, and prize categories for each event. All entries will also be included into a prize draw for the chance to win some great prizes, plus the school with the highest percentage of their pupils taking part will also win a prize, so make sure you tell your friends from school to get involved too!

You must ensure you are following the [latest government guidance on being active during the coronavirus outbreak](#).

Brief Description of the Event:

This competition is all about tennis volleys. The challenge has been set by Andy Murray himself - check out Andy and his wife demonstrating how it's done here: <https://www.youtube.com/watch?v=u-J2bUhuzsg>.

If you have a learning or physical disability, check out how you can adapt the rules. Keep reading to find out more.

Before You Start:

- You will need: 2 x tennis rackets or something that you can bounce a ball between (two frying pans would work!) 1 x bouncy ball like a tennis ball.
- Find some outside space - this could be your garden or backyard.
- A partner! This could be a sibling or an adult that lives in your house. If this isn't possible, find a wall that you can use to rebound the ball.

Rules for the Event:

- See how many times you can volley the ball without letting the ball drop. If the ball drops, stop counting and start again.
- Try and reach 30 volleys, then 60 volleys and then 100 volleys!

Adapting the Rules:

Think about the following modifications if you have a learning or physical disability and find volleys difficult:

- Changing the ball (bigger, less bouncy).
- Change the racket or bat to give a bigger hitting surface.
- Allow the ball to bounce once.
- Throw and catch instead of volleys.

How to Score:

- Every time the ball hits the racket it counts as one volley. If you're using a wall, each time the ball hits the wall it will also count as a volley.
- Keep counting until you reach your target number.
- If you'd prefer to keep score by filming yourselves, feel free!

How to Send Your Results:

[Click HERE once you have completed the event and are ready to send your results.](#)

We are asking for the information below to be completed on the link above.

- First Name(s)
- Last Name Initial
- Gender
- Year Group
- Name of School
- Primary, Secondary, Home Education or Special School
- Who is your School Games Organiser?
- Select the challenge you achieved
- Media and Privacy Statement
- Add additional young person's details
- Email Address to receive a certificate

You must ensure you are following the [latest government guidance on being active during the coronavirus outbreak](#).

Prizes:

- If you reach 30 volleys, you'll be awarded a Bronze certificate and medal.
- If you reach 60 volleys, you'll be awarded a Silver certificate and medal.
- And if you reach 100 volleys, you'll be awarded a Gold certificate and medal!

Prizes for Adapted Rules:

- If you reach 10 volleys, you'll be awarded a Bronze certificate and medal.
- If you reach 20 volleys, you'll be awarded a Silver certificate and medal.
- And if you reach 40 volleys, you'll be awarded a Gold certificate and medal!

All entries will also be included into a prize draw for the chance to win a 2020 Wimbledon towel! In addition, the school with the highest percentage of their pupils taking part will also win a prize, so make sure you tell your friends from school to get involved too!

Social Media

Why not share your favourite walk and achievements with us on social media using the #DevonVirtualGames:

- Facebook – @schoolgamesdevon
- Twitter - @Sgdevon
- Instagram - @sgdevon1

For the full #DevonVirtualGames Overview and Terms & Conditions please [click here](#).