



Sport: Girls Football

Competition:

- U10 (school year 4 and 5 only)
- U12 (School year 6 and 7 only)
- U14 (school year 8 and 9 only)
- U16 (school year 10 and 11 only)

Teams

- Team of 7 Squad of 10
- Female Only

Umpires

Allow young referees the chance to officiate in these games, with support from a more experienced adult

Pitch Size

U10 & U12 7-a-side using a size 4 football on a pitch between 50 x 30 to 60 x 40 yards. Goals used should be standard mini-soccer (samba goals) which are 12x6 feet.

U14 & U16 7-a-side using a size 5 football on a pitch 60x 40. For these age groups, the same size goal as u10 and 12 can be used, although ideally the slightly bigger goals usually used for 9v9 would be more suitable. These measure 16x7 feet in size.

Rules

- No offside
- Rolling substitutes during a stoppage of play
- All players should receive equal playing time where possible
- Goal kicks can be taken from anywhere within the penalty area
- All free-kicks are DIRECT
- All opposing players must be AT LEAST five yards from the ball at the taking of free-kicks, corner kicks and kick-offs.

Scoring

3 points for a win, 1 for a draw, 0 for a defeat.

In case of a tie, goals scored first, then goal difference. If still a tie then penalties between the two teams.

Notes:

Girls playing for Devon FA Girls Centre are allowed to compete. There are no restrictions on players.

